

Continuing Competence Program Post-Test

INSTRUCTIONS

Read each question and select the correct answer. There is only 1 correct answer for each question. There are 30 questions and all need to be answered.

*** Your name (required)**

*** Your registration number (required)**

*** Your e-mail address (required)**

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* How does regulation protect the public?

- Members of the public decide if a profession can be regulated.
- Only qualified practitioners can enter and remain in the profession.
- Government registers nurses and teachers.
- The Nursing Act states all nurses must be able to wash their hands.

* What is Self-Regulation?

- Members of a profession create, monitor, and enforce standards of practice and conduct for their own profession.
- Member of a profession are regulated by the government.
- LPNs record their hours each year and submit to their employers to determine if they have enough practice points.
- LPNs are able to make adjustments to certain types of prescriber orders.

* What must the LPN profession do to keep the privilege of self-regulation?

- Pay their liability insurance fees on time.
- Submit an annual report to the Regulated Health Professions Network.
- Keep the Government aware of changes in Scopes of Employment
- Ensure public safety objectives are met.

* What is the mandate of the College?

- Protect LPNs.
- Protect employers.
- Protect contracts.
- Protect the public.

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*** How does the College meet its mandate?**

- Promoting LPNs.
- Promoting safe practice.
- Prompting collective bargaining.
- Promoting staffing models.

*** What is the role of the Board of Directors of the College?**

- Collect annual fees.
- Set the strategic direction of the College.
- Set the operational plan for the Health Authority.
- Develop employer policy.

*** Conducting a self-assessment of your individual competence or providing feedback on a draft policy are what types of activities?**

- Practice points.
- Self-regulatory.
- Collective bargaining.
- Mandated upgrades.

*** What is Continuing Competence?**

- Performing skills as taught in nursing school.
- Frequent reading on nursing policy.
- Ongoing ability to apply skill and knowledge.
- Collaborating with others as necessary.

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*** Why are LPNs required to meet the Standards of Practice and Code of Ethics?**

- They are the minimal expectation of competent practice.
- It is required by the Health Professions Act.
- Prevents work-related injury and violence.
- Because RNs and CCAs must as well.

*** Why is continuing competence important?**

- It is an essential component of job satisfaction.
- It promotes good nursing relationships and prevents poor communication.
- It supports LPNs to work to full scope.
- It ensures the public interest is served.

*** Why is a Continuing Competence Program (CCP) necessary?**

- It ensures LPNs are reading nursing journals.
- It provides assurance to the public that LPNs remain competent.
- It supports the development of LPN specific policy.
- It harmonizes practice across the province.

*** What is the relationship between the Standards of Practice and the CCP?**

- The Standards are used to measure each LPN's learning plan.
- The CCP is set up in the same format as the Standards.
- The requirement to complete the program is written in the Standards.
- The requirement to meet the Standards is dictated by the CCP.

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*** When did CCP become an annual requirement for LPNs in Nova Scotia?**

- 2010
- 2011
- 2013
- 2015

*** How often are LPNs required to participate in the CCP?**

- Every 3 years
- Every 2 years
- Every year
- When audited

*** Of the following, which is the best example of acceptable practice hours?**

- Education coordinator for a group of dermatologists.
- Policy consultant for Nursing Practice Department.
- Primary care provider for a disabled relative on your days off.
- Casual shifts as a CCA when there are no LPN shifts available.

*** What are the elements of the CLPNS CCP Framework?**

- Practice hours and points, self-assessments, certificates and attending in-services.
- Completing online learning modules, journals, meetings and consultations.
- Self-assessment, learning plan or activities and reflective practice.
- CEUs and post-tests.

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*** Why is the self-assessment of individual competence important?**

- It can help identify a knowledge gap.
- It ensures nursing practice is consistent with other LPNs.
- It makes the LPN think about their annual performance appraisal.
- It is one method union can use to ensure the LPN is on the correct pay scale.

*** What is the criteria for a learning activity to meet the CCP requirements?**

- It must reflect the LPN standards of practice.
- It must apply specifically to LPN or nursing practice.
- It requires prerequisite nursing knowledge to apply the new information.
- All of the above.

*** The purpose of reflective practice is to explain how meeting learning goals has:**

- Improved relationships and enhanced communication.
- Improved shift report and enhanced assignment making.
- Improved bed flow and enhanced medication administration.
- Improved client outcomes and enhanced everyday practice.

*** Reflective practice is a critical element of:**

- Job descriptions.
- Practice points.
- Scope clarity.
- Continuing Competence.

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* Read the following and select the best example of a reflective practice statement.

I have increased my competence in medication administration by attending an in-service and consulting with the unit pharmacist. I have a better understanding of the relationship between diuretics and electrolytes. As a result:

- I feel more confident administering diuretics so clients feel safer with me as their medication nurse.
- I know when I must consult the nurse practitioner and clients have less side effects from the medication.
- I am better prepared to monitor I and O and clients are less likely to experience thirst or hunger.
- I double check the lab work before I give diuretics so clients are less likely to experience an electrolyte imbalance.

* Why does the College conduct a CCP Audit?

- A) It helps the College identify learning programs for LPNs.
- B) It is required by the LPN Act.
- C) It ensures LPNs are participating in CCP as they have declared on their annual renewal form.
- A, B and C
- B and C, but not A
- A and C, but not B

* What happens when an LPN fails to declare participation in CCP on their renewal form?

- They must pay a fine.
- They are required to complete 10 hours of online learning modules.
- They are not permitted to go to work until they have completed the CCP paperwork.
- They are issued a 90-day conditional license and required to show proof of participation in CCP.

* Who may be excluded from the audit for one year?

- Newly graduated LPNs.
- LPNs who have recently completed the LPN re-entry program.
- LPNs not working due to medical reasons.
- All of the above.

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*** LPNs selected for the audit only given 30 days to submit their learning documents to the CCP committee for review because they indicated on their license renewal form the learning documents were complete.**

True

False

*** What does “Compliance is Verified” mean?**

*** What does “Compliance is Partially Verified” mean?**

*** What does “Compliance cannot be Verified” mean?**

*** Why is the audit important?**

It satisfies the College mandate of public protection.

It confirms the validity of the data collected in the CCP.

It ensures LPNs are engaging in ongoing learning each year as they say they have.

All of the above.

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BONUS

*** Why are those who are licensed as LPNs but not employed as LPN required to participate in the CCP?**