

## Continuing Competence Program

Learning Plan for Licensure Year

November 1, 2016 – October 31, 2017

<b>Name</b>	Mary Smith, LPN	<b>Registration Number</b>	<b>11223454</b>
<b>Start Date:</b>	November 1, 2015	<b>Proposed Finish Date:</b>	<b>October 31, 2016</b>
<b>Learning Goal 1</b> What do you want to learn?	I want to learn more about my leadership style.		
<b>Rationale</b> Why do you want to meet this learning goal?	I have moved into a team leader role and want to increase my leadership skills, especially around communication and managing conflict.		
<b>Objectives</b> What activities are you going to do to achieve this learning goal?	<ul style="list-style-type: none"> <li>• CLPNNS Leadership course</li> <li>• I have identified a mentor at work</li> <li>• Working with NSCC Students</li> <li>• A member of the nursing practice council.</li> </ul>		
<b>Client Outcomes</b> How may this information help you improve your nursing practice or client outcomes?	As an effective leader I will be able to diffuse difficult situations and ensure I communicate clearly and make sure client care assignments are made appropriately. Clients will get the care they require.		
Fill in this section when you have finished your learning activities.			
<b>New Knowledge</b> Identify something specific you learned by meeting this learning goal.	Conflict makes me anxious and I will try to avoid it.		
<b>Reflective Evaluation of Learning Goal</b> Describe how you use this new knowledge to improve your practice and positively impact client outcomes.	I recognize when I am getting anxious and have learned some strategies to reduce my anxiety and communicate in a positive way to ensure clients get good care. My skills have made me more approachable with the staff and they are more likely to come get me to help them problem solve and less likely to let issues go on. This reduces the chance of impacting the client and much better for the team overall.		

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<b>Name</b>	Bob Henry, LPN	<b>Registration Number</b>	654321
<b>Start Date:</b>	November 1, 2015	<b>Proposed Finish Date:</b>	October 31, 2016
<b>Learning Goal 2</b> What do you want to learn?	More about Celiac Disease.		
<b>Rationale</b> Why do you want to meet this learning goal?	A number of my clients are gluten sensitive and I want to know more about the connection between diet and healing.		
<b>Objectives</b> What activities are you going to do to achieve this learning goal?	<ul style="list-style-type: none"> <li>• Read journals</li> <li>• Attend in-service on Celiac Disease offered by the hospital dietician</li> <li>• Review Celiac Disease Canada Website</li> </ul>		
<b>Client Outcomes</b> How may this information help you improve your nursing practice or client outcomes?	Understating lifelong dietary restrictions will help me relate more to my adolescent clients. Being able to relate to the client will help me better educate them. This will help them be successful as they recover.		
Fill in this section when you have finished your learning activities.			
<b>New Knowledge</b> Identify something specific you learned by meeting this learning goal.	Celiac disease has a number of systemic symptoms in addition to GI symptoms.		
<b>Reflective Evaluation of Learning Goal</b> Describe how you use this new knowledge to improve your practice and positively impact client outcomes.	I have increased my knowledge of celiac disease through consultation with experts and reading appropriate journals. As a result, I have a better understanding of the full range of symptoms of celiac disease and their impact on teenaged clients. This means, I can include these issues in my teaching plans to ensure the client is better prepared, more likely to be successful and less likely to experience a complication.		