



# The College Reporter

Summer 2007 Volume 2

## Message from the Executive Director

This is an exciting year as we celebrate the 50th Anniversary of practical nursing in Nova Scotia. Licensed Practical Nurses have proudly been servicing the public of Nova Scotia for 50 years. Many opportunities and challenges have emerged for the profession over those 50 years but one thing has remained unchanged, Licensed Practical Nurses continue to provide safe, competent and compassionate care!

I encourage all LPNs to take advantage of educational opportunities that enhance professional development, increase your knowledge base, and improve nursing practice leading to improved patient care outcomes. Just a note, that all nurses "seasoned veterans" to new grads alike, can learn from each other and be positive role models in the nursing community. Speaking of learning, CLPNNS recently held its' 6th AGM in Sydney. As always it was fun and offered a chance for great educational and networking opportunities. For those who were there it was great to reconnect and for others, I hope you take the opportunity to attend next year.

## Highlights of the . . . Board Meeting

Sydney, N. S. - May 23, 2007

A regularly scheduled meeting of the Board took place on Wednesday, May 23, 2007. Included here are some highlights from the meeting:

- Further update on LPN legislation
- Update on the continuing competency focus groups
- Update on the ORT program
- Update re pending PN program reviews for 2007 - 2008
- Update re the costs associated with NurseOne
- Update re possible PN programs at NSCC Strait - Richmond and University of St. Anne
- Committee reports

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## AGM & Education Day

Sydney, N. S. - May 24, 2007

Following an outstanding AGM Banquet and Awards Dinner the Education Day and AGM got started with keynote speaker Evelyn Schaller, RN, MN, VP of Patient Care Services at Cape Breton District Health Authority. Evelyn spoke re the history of nursing and challenged those in the audience to once again examine their values and attitudes re belonging as an "honourable member of an honourable profession".

Following Ms. Schaller, Micheline Jaworski of CNA walked the audience through the orientation and launch of NurseOne. "This tool developed by nurses, for nurses will support LPNs learning and continuing competency needs for the future", Ann Mann, Executive Director/Registrar. Following a short break, Joan Jessome, President, NSGEU spoke passionately and sincerely re the Coalition against Violence in the Workplace. "Workplace Violence is Not Part of the Job"! The AGM followed and allowed the College to highlight new initiatives and to share challenges and successes from 2006. Evaluation comments from the day included, "absolutely informative, I enjoyed it immensely", "the AGM was beyond my expectations", "I was impressed with the review of what the College has done for us" and "I thoroughly enjoyed the 1/2 day education session with the AGM".

## Reminder:

### Nominations & Ballots for Board of Directors 2008 - 2010

Nomination forms for eligible Licensed Practical Nurses for the Board will be mailed out to eligible LPNs in Regions 1 and 2 in late August. Nominations will be due at CLPNNS by October 5, 2007, no later than 4:00 P. M. The second mail out for these regions will include the names and brief resume of those nominated and a ballot and self addressed envelope. The procedure for Board elections is found in Section III of the LPN By-laws. Completed ballots are required to be at CLPNNS by November 19, 2007.

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## Update On Legislation

Similar to the last update, the Act was passed in November of 2006, and we are awaiting proclamation late in the Fall.

## Awards of Excellence MENTORSHIP/PRECEPTORSHIP



### Award Recipient

Donnie Deleskie, LPN

Graduated from the NSCC, Marconi Campus - 1996; employed at the Cape Breton Regional Hospital - 1998 - 1999 and at Taigh Na Mara, Glace Bay from 1999 - present.

Donald's nomination came from a recent PN graduate from the Marconi Campus - **Tammy McInnis, LPN**. The following excerpts were submitted to the Selection Committee for review.

"Donnie is very compassionate with all clients. He always has a way of making each client he cares for smile".

"During report Donnie always voices his suggestions on how to solve any problems pertaining to the clients. He teaches each and every client with respect. He taught me a lot in one month at Taigh Na Mara, for example how to deal with combative patients, how to use a mechanical life etc. During this time Donnie was very patient with me and gave excellent instructions."

"Donnie treats all co-workers with respect and equality".

"Donnie always took the lead after report in delegating clients to co-workers and he knew just which clients and co-workers would mesh".

"Donnie always discussed care plans of the clients. He often consulted with Physio & Occupational Therapy to better the care of the clients. He was also very involved in the dietary needs of each client".

## Reminder: Annual Registration/Re-licensing Due October 31, 2007

It will soon be that time again. Annual Registration Renewal forms will be mailed out around the end of August. Registration Renewal for 2008 will run till October 31, 2007. Reminder registration fee(s) for 2008 are \$235.00.

**Register early and have your name placed in a draw for two (2) \$100.00 cash prize awards. Only those registered with CLPNS by 4:00 P. M. September 21, 2007 will be eligible.**

"I believe Donnie has demonstrated excellence in mentoring through being a preceptor. He was very patient with me and took every available chance to teach me something new".

In conclusion: "Donnie is an excellent preceptor. He is always the first to lend a hand to other co-workers and he has a presence about him that makes everyone smile when he enters a room. Donnie taught me so many things that cannot be learned in a classroom, he showed me how to be compassionate and caring, and he has a great therapeutic relationship with all of the clients at Taigh Na Mara. "I hope that you will strongly consider Donnie for this award because he deserves it, he is a hard worker and a wonderful preceptor. I was truly blessed to have him as my Mentor". (*Tammy McInnis, LPN*)

## CLINICAL PRACTICE



### Award Recipient

Elaine Lightfoot, LPN

Graduated from the Nova Scotia Sanatorium - 1971; employed at the Valley Regional Hospital - 1971 - present.

Elaine's nomination came from two (2) individuals - Mary Haggerty, LPN and Kathie Swindell, RN, BScN. The following excerpts were submitted to the Selection Committee for review.

"Elaine understands and promotes consistent patient care. She knows her clients well and develops care plans that provide holistic care while encouraging self care. She involves the patients and their families in the care plan and she ensures that they have a voice in their care. She is also involved in many committees to support making a difference in

patient outcomes, that is, Falls Prevention Committee, Ethics Committee, AVH Nurse Council".

"Within the criteria of Professionalism and Leadership, Elaine welcomes new learners. She is a change champion, in that she arises to the occasion with a positive attitude. She encourages her colleagues to work to their full Scope of Practice and she is involved in exploring a new care delivery model for the unit".

"Elaine has been involved in working with the Long Term Care Sector for our most recent accreditation. She is recognized and credited by her colleagues as a champion in assessing wounds, applying the appropriate dressing and monitoring progress".

"She is a voice for continued competency for her colleagues and for enhancing their Scope of Practice. She works diligently with the unit Practice Committee ensuring that nurses have a voice in the solution of clinical issues on their unit. She promotes and works diligently to ensure excellent working relationships with AVH and the CUPE Union".

**"For all the above leadership qualities and all the everyday attention to safe quality care, I nominate Elaine for this Award".** (*Kathie Swindell, RN*)

Quotes from Mary Haggerty, LPN - who also nominated Elaine Lightfoot for this Award:

*"Elaine is a kind, caring person who goes out of her way to do special things for her patients whether it's doing their laundry or their hair. She has enhanced and promoted the full Scope of Practice and has been a strong positive advocate for the LPNs. For these reasons and many more, I believe that Elaine is most definitely deserving of the Excellence in Clinical Practice award offered by the College of Licensed Practical Nurses of Nova Scotia".* (*Mary Haggerty, LPN*).

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## Award Nominees

Congratulations to the following individuals who were nominated in their regions for the Award(s) of Excellence in both Practice and Preceptorship.

### Excellence in Mentorship/ Preceptorship Award

Donald James Deleskie, LPN, Region V  
Cheryl Ernst, LPN, Region II

### Excellence in Clinical Practice Award Region II

Elaine Marie Lightfoot, LPN  
Kelly Jones, LPN  
Cheryl Ernst, LPN

### Region I

Deborah Hill-LeBlanc, LPN

## Profile

### Marilyn Greenwood, LPN



(l) Marilyn Greenwood, LPN,  
(r) Laura Phillips, LPN, (granddaughter)

Pictured here are Marilyn Greenwood, LPN and her granddaughter Laura Phillips (a new graduate LPN of 2007). Both grandmother and granddaughter work at Hants Community Hospital.

Marilyn states that "it is probably very unique to have both a grandmother and granddaughter in the LPN profession at the same time; but working together on the same unit is quite a novelty". Marilyn states that "they both are very proud to be part of the LPN profession and enjoy working together".

## Changing the Way We Work

Recruiting nurses is a growing challenge. For nurse managers and the nurse educator at the Nova Scotia Rehabilitation Centre, this challenge presented a choice - wait for the nursing shortage to reach a crisis point, or take action to address the issue. They took action.

Under the guidance of Professional Practice leader **Cindy Cruickshank**, the Changing the Way We Work steering committee examined existing patient care and staff models. After reviewing national best practice, the group decided that educating and supporting licensed practical nurses (LPN) and registered nurses (RN) to practice at their full scope was the right thing to do. As a result, LPNs took a pharmacology course and added medication administration to their role. "This change gives LPNs greater job satisfaction, and allows RNs to focus more on care planning, patient and family education, illness and injury prevention," explains **Michele Haire**, charge nurse.

Steering committee members are confident that by changing the way they work, patients will receive more comprehensive care and both LPNs and RNs will achieve greater job satisfaction.

What advice would the team give to others considering a similar path? "Come to the table with respect for all groups involved," says Michele. "And it can be a bumpy road, but stick with it!"

Congratulations to the members of the Changing the Way We Work Steering

Committee on receiving Capital Health's 2007 Innovation in Nursing Practice Award:

**Michele Haire, RN**  
**Kim Rose, RN**  
**Fran LeBlanc, RN**  
**Sheila Moffatt, RN**  
**Tracey Fisk, LPN**  
**Mabel Burke, LPN**  
**Carolyn Power, RN**  
**Natalie Sabeen, RN**  
**Kathy Albert, LPN**  
**Angela Meagher, Nurse Practitioner**  
**Cynthia Cruickshank, RN,**  
Professional Practice Leader

*(Re-printed, Capital Health, May 2007).*

## Congratulations are in Order!

Congratulations are extended to all recent graduates of NSCC Lunenburg Campus. The new graduates wrote the CPNRE Exam on May 16, 2007 and all were successful.

Congratulations to the following graduates from the Practical Nurse Program at the following Campuses for being the recipient of the 2007 Excellence in Clinical Practice Award. This Award is offered by the College of Licensed Practical Nurses of Nova Scotia.

**Denise Joudrey** -  
Lunenburg Campus, Bridgewater  
**Sharon Doucette** -  
Burrige Campus, Yarmouth  
**Lisa Carruthers** - Pictou Campus, Pictou  
**Ann Denise Purcell** - Marconi Campus, Sydney  
**Patricia Hessian** -  
Akerley Campus, Dartmouth

## "You Asked Us"

**Q** Under what circumstances would a Graduate Practical Nurse (GPN) license apply to me as an LPN?

**A** A Graduate Practical Nurse (GPN) license is granted to a registrant who has graduated from an approved PN program and has made application to write the CPNRE Exam and is waiting to write the CPNRE Exam. The GPN license is granted only once; to a new graduate and the license is good for a three month period only. Of note: If the candidate fails the CPNRE Exam, the GPN license immediately becomes void and the candidate is not able to practice as a GPN nor is the license eligible for renewal.



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## Workshops

Ocean View Manor Foundation  
Presents Important Issues in Continuing Care  
September 28, 2007 for information contact  
Kelly Chisholm at 1 902 465-6020, ext. 163.

## Make a Difference... Make a Move!

"Make a move" initiative, a partnership between Heart and Stroke, Cancer Care N.S. and N.S. Health Promotion. The goal is to increase the quantity and quality of physical activity counseling by health professionals. It consists of 3 1/2 hour interactive Professional Development workshop. Workshops will begin once again in September. For information contact Fran Dunn, Project Coordinator at 423-7530, ext. 316 or e-mail: [fdunn@heartandstroke.ns.ca](mailto:fdunn@heartandstroke.ns.ca)

## "Aggressive Behavior/ Coping Mechanisms"

**Date:** November 8, 2007  
**Place:** Rodd Grand Hotel, Yarmouth,  
for further information contact Linda  
Robichaud, CLPNNs at 1 902 423-8517  
or toll free 1 800 718 -8517.

## Professional Conduct

There were no Professional Conduct Decisions to report.

## Continuing Education

**NSCC Lunenburg Campus**  
Administration of Medications will start on  
Monday, September 17, 2007 at 9:00 A. M.

Physical Assessment of the  
Healthy Adult will start on Friday,  
October 5, 2007 at 8:30 A. M.  
For further information contact  
Cecile Mansfield at (902) 543-8261  
or email: [cecile.mansfield@nscc.ca](mailto:cecile.mansfield@nscc.ca).

## Re-Entry Program

The LPN Re-Entry program is under review and revisions are in order. The newly revised LPN Re-Entry program will be available later in the Fall (2007).

## Comments for the College

Please take this opportunity to provide your feedback on this newsletter or College endeavours.

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## On the College Role and Services

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## To Contact Us

Call 902-423-8517  
**General Inquires** - Linda (ext. 1)  
**Executive Director/Registrar** - Ann (ext. 3)  
**Executive Assistant** - Joan (ext. 2)  
**Registration Services/Continuing Education** - Albert (ext. 4)  
**Professional Conduct Review Co-ordinator** - Sara (ext. 5)  
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E-mail [info@clpnns.ca](mailto:info@clpnns.ca)  
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## Celebrating Nurses Week!

Here is a copy of the ad placed during Nurses Week to celebrate LPNs from around the province. CLPNNs congratulates all nurses in Nova Scotia, in Canada and around the world and hope that the outcomes of the celebrations of Nurses Week will linger with you and the people you care for.

## National Nurses Week

### Licensed Practical Nurses

In Recognition of Licensed Practical Nurses in Nova Scotia, as we celebrate 50 years (1957-2007) of practical nurses, many opportunities and challenges have emerged for the profession over these 50 years, however one thing remains the same, and that is Licensed Practical Nurses continue to provide safe, competent, compassionate and ethical nursing care.

*In celebration, Board and Staff Members  
College of Licensed Practical  
Nurses of Nova Scotia*

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# Highlights of the AGM 2007

SYDNEY, NS



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# Launch of NurseOne

## Ready Set Click!

If you have any further questions about the portal please email to: [registration@nurseone.ca](mailto:registration@nurseone.ca)

NurseOne, a personalized interactive web-based resource providing nurses in Canada access to current and reliable information to support their nursing practice, manage their careers and connect with colleagues and health care experts. CLPNNs is embarking on a one year Pilot of NurseOne. Information on how to register for this great learning opportunity is as follows:

1. Your name must be entered exactly as it appears on your registration card.
2. Your user name and password will be sent to you by e-mail.
3. You will need to follow the instructions in that e-mail to activate your account
4. During your first visit to the portal, take the opportunity to change your password to something that is easy to remember.

The "Register" button is found on the left hand side of the screen. You can access NurseOne at the following link <http://www.nurseone-inf-fusion.ca>

**NURSEONE**

THE PREMIER ONLINE RESOURCE FOR CANADIAN NURSES AT YOUR FINGERTIPS!

Register for [www.nurseone.ca](http://www.nurseone.ca) and access the current, reliable information you need to support your nursing practice, manage your career, and connect with colleagues and health-care experts.

**WHY NURSEONE?**

- immediate access to the Cochrane Collection, e-CPS, e-Therapeutics and STAT!Ref Electronic Medical Library
- up-to-date, accurate information on a wide range of topics fully vetted and reviewed by the CNA and its review committee
- self-assessment tools to manage your continuing competency requirements

Subscribe today to [www.nurseone.ca](http://www.nurseone.ca) and experience the only website in Canada created by and for Canadian nurses.

NURSEONE IS AN INITIATIVE OF THE CANADIAN NURSES ASSOCIATION

CANADIAN NURSES ASSOCIATION  
ASSOCIATION DES INFIRMIERES ET INFIRMIERS DU CANADA

The launch to NurseOne was done at this year's AGM and to date a large number of LPNs have made it on line. The official sign on was June 1, 2007. To register please go to the site [www.nurseone-inf-fusion.ca](http://www.nurseone-inf-fusion.ca) and provide your name and LPN registration number. You will be provided a temporary password via your email. Once logged in, you are highly recommended to change your password. Any questions please email [info@clpnn.ca](mailto:info@clpnn.ca).

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