

Assessment Skills: A Review for Nurses

Fall 2016

Nurses are busy people... so assessment skill review of the adult and frail elderly is now offered in modules. You don't have to take a full course! You are welcome to take any of the modules, and in any order. Some nurses may benefit from completing the foundational systems in Module 1 first.

Each system review will include A&P, assessment process with demo and practice, common pathology and related 'bonus' topics.

If you would like to review some of your assessment skills with a small group in a comfortable, informal setting, this may be just the thing for you.

Module 1 (Sept 22 or 29)
Inspect-Palpate-Percuss-Auscultate
Integumentary System
Peripheral Vascular System
How to Document Findings and Plan

Module 2 (Oct 6 or 13)
Respiratory System
Tips for Writing the Plan of Care
Communicating with Team Members
(PCWs, CCAs, RNs, LPNs, MDs ...)

Module 3 (Oct 20)
GI System
Choking: Prevention and 1st Aid
Optimizing Bowel Function

Module 4 (Nov 3 or 16)
Musculoskeletal and Neuro Systems
Assessment After a Fall
Tips with Dementia and/or Delirium

Module 5 (Nov 23)
Cardiovascular System
Vital Signs and Frail Elderly
How to Document Findings and Plan

Module 6 (Nov 30)
Care Plans
How to Develop Effective Care Plans
Develop Your Own 'Take Away' CP

Cost: \$150 per module (discount for ≥ 4)

Text: \$57 (Jarvis or may provide own)

Facilitator: Alison Petten RN BScN

Location: Dartmouth and Halifax (see reg form)

Time: 9:00 am – 5:00 pm

Register now to avoid disappointment. For more information or to register please contact Marilla at (902) 453-0654 or rilla.macleod@ns.sympatico.ca