

Patricia Fricker Award of Excellence in Nursing Practice 2017

About Patricia

Our 2017 recipient was nominated by a colleague. Here are some select parts of the nomination to demonstrate Patricia's worthiness:

I wish I could find the perfect words to summarize the kind of nurse Patricia Fricker, LPN, is to the communities of Northern Cape Breton.

Even when you know she must be physically exhausted & emotionally drained you would never know it. Her focus is always on the task at hand.

She is always finding innovative ways to find solutions to problems that may occur. I have witnessed Patricia use drawings to explain how a medicine works or finding examples of why a certain medicine is necessary. She is always certain her patients understand the how, what, when and why of a problem.

Patricia has a way of taking something complex & turning it into easy to understand language. This I believe is her greatest strength. She was able to explain to my mother why her eye sight suddenly deteriorated. Neither her doctor nor I could explain it the way Patricia did.

Patricia has been teaching fitness classes in Ingonish Beach & surrounding areas for years. Gathering all necessary equipment, preparing and delivering the classes by herself. These classes include not only cardio for the young & old but also special classes for the sick; collaborating with the local Doctors.

Patricia is passionate in promoting fitness health in the Northern Cape Breton communities. Where there is a will, there is a way, that's Patricia's motto! She also provides foot care in the home, especially for diabetics.

Because of her dedication & leadership she is a great role model & mentor for other practical nurses. Patricia plays a very important role in the health care community with her work & exercise programs. She is so much more than a nurse; she is a protector, supporter & a friend. Patricia is the person you want at your side when times become challenging. Always going above & beyond what is expected of her. Simply put Patricia makes a difference!

I can't think of another person who is more deserving of the Nursing Excellence Award because of what she is and what she stands for.